

Information at a Glance

Location - REDEEMER UNIVERSITY

Date - Saturday July 5th

Address - 777 Garner Rd E, Ancaster, ON L9K 1J4

Spectators - \$30 per day. CASH ONLY

\$20 Children under 6, and Seniors over 65 CASH ONLY

Tickets go on sale at 9:30 am

Spectators will receive a wristband that must be shown every time one enters the hall.

Athlete Check - 9:00 am – 9:30 am

Registration will close at 9:30 am for Rules Meeting

All Participants must check in at this time

Weigh in - 9:00 – 9:30 am sharp. Weigh ins close at 9:30 am.

One coach from athlete's club must attend weigh ins.

Coach Check in - 9:00 am - 9:30 am - Coaches must check in at this time

Only two coach passes provided to each club

Additional Coaching Passes can be purchased for \$30

All coaches must be registered for 2025

Coaches will wear a wristband that must be show every time a person enters

Coaches Meeting - 9:30 am

Divisions Start – 10:00 am

Important - Please check the bout list – Live Bout List found on QR Codes

KICK LIGHT RULES

- All bouts will be 2 x 2 minutes (30 second rest)
- All boxing techniques are legal (except spinning back fist)
- All kicks to the head/body and upper leg are legal
- Illegal techniques include knees, lower leg kicks, leg catches, throws, clinching

<u>Contact level will be approximately 30</u>%. The development tournament concept is to have very strict contact levels to allow for a safe and encouraging competitive environment. Ensure all athletes abide by this rule. It will be strictly enforced.



Important Information Below for Athletes – Coaches – Spectators

All athletes must enter the mat with the correct equipment and outfitting

We will not give you time to replace incorrect equipment or outfitting. If you are unsure about your equipment have it checked well before the bout. Ensure that it fits properly!

Athletes must wear shin/instep pads OR footpads with shin pads

Shin pads must reach 3 inches below the knee

Gloves will be provided and must be put on once athletes have entered onto the mat.

Bout Order

The bout order for each bracket will be listed in each warm up area and will be posted online through a QR Code that will be available at registration.

Coaching Requirements

All coaches must be in possession of their 2025 coaching cards <u>during weigh ins</u> and during <u>each bout</u>. Only 2 free coaching passes will be provided to each club for registered coaches that have their coaching cards on hand. WAKO Canada has a ZERO TOLERENCE policy for any inappropriate verbal or abusive behavior of any sort towards any officials, athletes or coaches. First offense will result in the automatic removal of the coach and potential disqualification of the athlete.

Center Facility

Ensure that members of your club are only in the warm up area and/or the competition hall and not roaming the facility. Please respect the facility and other renters that rely on this center for their programs.

Please note – Redeemer is a SMOKE FREE location – please do not smoke anywhere on the grounds.

Warm Up Room

Only coaches and athletes will be permitted in the warm up rooms. This rule will be enforced throughout the tournament.

Spectators

Spectator cost is \$30/Day. Cash only - payable at the door. WAKO relies on spectator fees to cover the large costs associated with a tournament-style event. WAKO tournaments are organized and run by volunteers who work together to help athletes have opportunity for competitive experience. All spectators, athletes and coaches are expected to follow directions and respect the work done by these volunteers. All individuals are expected to behave in a respectful manner throughout the tournament. Those that do not will be removed from the event.