



National Team Coaching Course

Dates – Saturday March 2nd (1 pm – 8 pm) & Sunday March 3rd (9 am – 6 pm)

Location – WAKO Headquarters, 5008 South Service Road, South Service Road, Burlington, ON

WAKO Canada is hosting the first annual National Team Coaching Course. The course is designed for any coach wishing to take their skills and abilities to a higher level. The course content is focused on preparing coaches for success at the international level and in particular preparing and coaching athletes at the World Championship.

The course will cover a number of areas including –Sport Psychology, Breathwork; Mobility; Program Design; Functional Movements; and Assessment and Evaluation protocols.

Participants will receive two training manuals with concrete activities and protocols that they can put to use immediately. The course is part of the selection process for the next pool of 2024-2026 National Team Coaches. However, it is open to any club coach, parent or experienced athlete wishing increase their coaching knowledge and capacity. The course is limited to 20 persons.

Name: _____ (first) _____ (last)

Email: _____ Phone: (_____) _____ - _____

Club: _____ # of Years Coaching with WAKO Canada: _____

Reasons for Registering: Applying for a NT Sport Improving Coaching Skills Interest

Email form to: info@wakocanada.org
Registration Fee: \$250.00 due with application.
Registration Deadline: Monday February 5th
Payment by Etransfer: Send E-transfer to info@WAKOCANADA.org

If paying by credit card please leave information below:

Master Card/Visa (circle one) _____

Name on Card _____

Expiry Date _____ (month) _____ (year)

Amount Charging: \$ _____ .00 + 3% credit card processing fee.

I authorize \$250 + 3% cc to be charged to my credit card: _____ initial

I understand that there is a No Refund Policy if I am unable to attend: _____ initial



BUREAU NATIONAL / NATIONAL OFFICE

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