



SATURDAY OCTOBER 29<sup>th</sup> 2022

# Information at a Glance

Location -	WAKO CANADA NATIONAL OFFICE
Day -	Saturday October 29 <sup>th</sup> 2022
Address -	5008 SOUTH SERVICE ROAD, BURLINGTON, ONTARIO, L7L 5Y7
Spectators -	\$30 per day. CASH ONLY \$20 Children under 5 and Seniors over 65 - CASH ONLY
	Tickets go on sale at 7:00 am Spectator receive a stamp that must be shown every time the person enters
	Please note that our Association is a non-profit and spectator funds go to support events such as this that provide opportunities for all participants.
Weigh in -	7:00 am – 7:30 am - Weigh will close at 7:45 am Weigh-ins will be held at the Bay-door entrance (back of the building) Athletes will receive a wrist band that must be shown every time they enter
	IMPORTANT NOTE – Athletes must weigh in at this time. Once weigh ins are closed athletes will not be permitted to compete.
	Athletes can return to the venue at 9 am
Coach Check in -	7:00 am – 7:30 am – Coaches must check in at this time Only two coach passes provided to each club Additional Coaching Passes can be purchased for \$30 All coaches must be registered for 2022 Coaches will wear a wristband that must be show every time a person enters
Doors Open -	9:00 am for spectators/coaches/athletes No one is allowed into the facility until 9:00 am All female athletes will be allowed into the facility first
Divisions -	9:30 am – All female divisions *1 pm – All male divisions
	* Important Note – 1 pm is the approximate time (it could be sooner or later)
Important -	One coach from athlete's club must attend weigh in with the athlete.



# Important Information Below for Athletes – Coaches – Spectators

## **Development Tournament Kick Light Rules**

All contact must be LIGHT CONTROLLED TOUCH (strictly adhered to) Referees will give warnings and penalties for excessive contact Athletes who use excessive contact after a warning will be disqualified All boxing techniques are allowed (except spinning back fists) to the head and body Kicks are only allowed to head/body/upper leg only No clinching No knees No leg catches

### All athletes must enter the ring with the correct equipment and outfitting

Athletes require their own headgear and shin/instep or footpads with shin pads. We will not give you time to replace incorrect equipment or outfitting. If you are unsure about your equipment have it checked well before the bout. Ensure that it fits properly! Shin pads must reach 3 inches below the knee Headgear must be put on <u>before the athlete enters the ring</u> Gloves must be provided in the ON DECK station. It must be put on before going onto the mat.

### Bout Order

The bout order for each bracket will be listed in each warm up area. Volunteer runners will escort you to the ON DECK area one bout before you match. You must be on deck prior to your bout. If the athlete is not present when called, the athlete's bout is cancelled.

#### Sportsmanship Requirements

WAKO Canada has a ZERO TOLERENCE policy for any inappropriate verbal or abusive behavior of any sort towards any official, athlete or coach. First offense will result in the automatic removal of the individual and potential disqualification of the athlete.

#### **Spectators**

Spectator cost is \$30/Day). Cash only - payable at the door. WAKO relies on spectator fees to cover the large costs associated with events and the running of our association. WAKO tournaments are organized and run by volunteers who work together to help athletes have opportunity for competitive experience. All spectators, athletes and coaches are expected to follow directions and respect the work done by these volunteers. All individuals are expected to behave in a respectful manner throughout the tournament. Those that do not will be removed from the event.