



BASIC RULE SUMMARY

Equipment

All ring athletes are required to have clean and undamaged Headgear; Shin/instep pads; mouth-guard; chest protector (females); athletic supporters (males & females); elastic hand-wraps (no gauze or tape is permitted on the hand-wraps).

Headgear must be open face (no cheek protectors) and the corner colour (red or blue) OR a neutral (eg. Black or white). Shin/Instep pads can be of any colour and the material cloth or rubber. Metal buckles are not permitted.

ONLY GLOVES ARE PROVIDED TO RING /KICK LIGHT ATHLETES AT RINGSIDE IMMEDIAELY BEFORE THE BOUT NOT BEFORE.

All Kick Light athletes have the same equipment requirements as Ring Sports – however the headgear can have cheek protectors and athletes are permitted to use foot pads and shin pads.

Equipment will be checked by Judges 1 and 3 before athletes enter the ring.

All Point Sparring athletes must have Point Sparring Gloves; Headgear; Foot pads; Shin pads; mouth-guard; chest protector (females); athletic supporters (males & females); elastic hand-wraps (no gauze or tape is permitted on the hand-wraps).

On Deck

All athletes are required to be waiting in the ON DECK stations for both Ring and Tatami disciplines ONE BOUT prior to their bout. Failure to be at the ON DECK position one bout prior will result in a disqualification. This rule will be strictly enforced.

Entering Ring

All athletes must enter the ring when called fully dressed with all equipment on. DO NOT PUT ON HEADGEAR IN THE RING.

Leaving Ring

As soon as the bout is over volunteers will collect gloves. After the decision is rendered all RING athletes will go immediately to the ringside physician. If an athlete is not advancing Coaches must collect passports from the head table.

Sportsmanship

WAKO CANADA expects the highest level of sportsmanship, respect and fair play by all athletes, coaches and spectators. There will be ZERO-TOLERANCE POLICY in effect at Nationals. Any negative or inappropriate language or failure to follow the instructions of the Officials or volunteers will result in the removal of the individual from the venue and depending on the severity the offense the disqualification of the coach or athlete from the Nationals. Please follow the instructions of all WAKO Canada and Event staff and volunteers.

Coaches

Only WAKO Canada Coaches are permitted and must register at Nationals and have a Coaches Band to be allowed in the corner. All Coaches must wear athletic apparel. No jeans, shorts, hats are permitted. Only water is allowed in corners. Only 3 coaches are permitted in the corner for Ring Sports, only 2 coaches are permitted in the corner for Tatami.

WAKO Canada will only provide two Coaching Bands per club for fully registered Coaches only. Additional Coaches wristbands can be purchased for \$100 for the weekend. Any coach that loses a wristband will have to purchase a new one.



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