

# 2020 FROSTY FRIENDS

## *Information at a Glance*

**Date –** Saturday February 8<sup>th</sup> 2020

**Location -** Japanese Canadian Cultural Centre

**Address -** 6 Garamond Court, Toronto, Ontario, M3C-1Z5

**Spectators -** \$25 per day. CASH ONLY  
\$15 Children under 10, and Seniors over 65 CASH ONLY

*Please note that our Association is a non-profit and spectator funds go to support events such as this that provide opportunities for all participants.*

**Athlete Check In -** 9:00 am  
Check In will close at 11 am for Rules Meeting  
All Participants must check in at this time

**Weigh in -** 9:00 am – 11 am

**Important -** If the athlete is not present when called, the athlete's bout is cancelled.  
  
One coach from athlete's club must attend weigh in with the athlete.

**Rules Meeting -** 11:00 am - For all Coaches from all Clubs (Kick Light)  
11:15 am - For all Athletes in all Divisions (Kick Light)

**Order of Events -** 9:30 am Forms/Weapons  
10:00 am Point Sparring  
11:30 am All Kick Light Divisions

## *Important Information Below for Athletes – Coaches – Spectators*

- Only 2 coaching passes will be provided to each club (Registered 2020 WAKO Coaches only!)
- Coaches must be in possession of their 2020 WAKO Coaching cards during bouts
- Extra Coaching Passes can be purchased for \$25
- Athletes will be required to always be in their warm up room from the time indicated above.
- Only athletes and coaches will be allowed in the warm up area – no exceptions

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All athletes must enter the Tatami mat with the correct equipment and outfitting

We will not give you time to replace incorrect equipment or outfitting. If you are unsure about your equipment have it checked well before the bout. Ensure that it fits properly!

*Kick Light bouts – athletes must wear shin/instep pads OR footpads with shin pads*

*Shin pads must reach 3 inches below the knee*

*Headgear must be put on before the athlete enters the ring*

*Gloves must be put on once athletes have entered onto the mat.*

## Bout Order

The bout order for each bracket will be listed in each warm up area.

## Coaching Requirements

All coaches must be in possession of their 2020 coaching cards during weigh ins and during each bout.

WAKO Canada has a ZERO TOLERANCE policy for any inappropriate verbal or abusive behavior of any sort towards any officials, athletes or coaches. First offense will result in the automatic removal of the coach and potential disqualification of the athlete.

## Center Facility

WAKO has rented the competition hall and Warm Up Area only.

Athletes, coaches and spectator are not permitted in any other location in the facility.

Ensure that members of your club are only in the warm up area and/or the competition hall and not roaming the facility. Please respect the facility and other renters that rely on this center for their programs.

## Spectators

**Spectator cost is \$25.** Cash only - payable at the door.

WAKO relies on spectator fees to cover the large costs associated with a tournament-style event.

WAKO tournaments are organized and run by volunteers who work together to help athletes have opportunity for competitive experience.

All spectators, athletes and coaches are expected to follow directions and respect the work done by these volunteers. All individuals are expected to behave in a respectful manner throughout the tournament. Those that do not will be removed from the event.

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