

Continents Collide Tournaments & SA vs CAN Team Event

Information at a Glance

Date:	Saturday April 14 th 2018
Location:	3070 Neyagawa Blvd., Oakville, ON,
Weigh in/Medicals:	11 am sharp for all Bracket A (Kick Light) 4:00 pm
Spectators -	Day Time - \$15 CASH ONLY Night Time Show \$20 (standing room), \$40 and \$50 (Bracket A athletes and coaches pay 50% of the above cost for the Night Time show)
Weigh in -	Bracket A and B - 11 am sharp!
Medicals -	Bracket B - 4:00 pm Immediately After Weigh ins (Ring Sports)
	All athletes must make their weight on their first weigh in attempt. Failure to make weight will result in immediate disqualification.
Important	Arrive on time for weigh in. Chief Officials call the athletes in by name; if the athlete is not present when called, the athlete's bout is cancelled.

Passport is required at weigh in for all Ring Sports (not Kick Light).

One coach from athlete's club must attend weigh in with athlete.

Bouts -	Bracket A	-	1 pm
	Bracket B	-	7 pm

Important Information Below for Athletes – Coaches – Spectators

- Ring Sport Athletes are required to attend the weigh-in with their valid WAKO passport
- One coach per club is required to attend weigh-ins
- Athletes are required to be in their weight division listed as this drawing sheets
- Only 3 coaching passes will be provided to each club (Registered Coaches only!)
- Coaches must be in possession of their CASK Coaching cards during bouts
- Athletes will be required to always be in their warm up room from the time indicated below.
- Only athletes and coaches will be allowed in the warm up room – no exceptions.
- **Athletes must have correct equipment before entering the ring - only gloves are provided**



BUREAU NATIONAL / NATIONAL OFFICE

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Important Information for Athletes and Coaches

All athletes must enter the ring with the correct equipment and outfitting

We will not give you time to replace incorrect equipment or outfitting. If you are unsure about your equipment have it checked well before the bout. Ensure that it fits properly!

K1 and Kick Light bouts only require shin-instep pads

Low Kick bouts – athletes must wear shin/instep pads OR footpads with shin pads

Shin pads must reach 3 inches below the knee

Head gear must have no cheek protectors and be the color of the athletes corner or black or white.

No arm bracelets

Headgear must be put on before the athlete enters the ring

Shorts for K1 and Low Kick must be 3 inches above the knees, no front or side pockets, with no outside laces or buckles..

Bout Order

The bout order for each bracket will be listed in each warm up room. Athletes may get their gloves from the gloving table 3 bouts before their bout. Athletes and coaches must be prepared to enter the ring immediately after the decision is called for the previous bout. It is the responsibility of the athletes and coaches to be on time for their bouts. Once the referee calls the athletes into the ring – the athlete must enter with their equipment on.

Coaching Requirements

All coaches must be in possession of their 2018 coaching cards during weigh ins and during each bout. Coaches Cards that are processed in the past two weeks will be provided on Sat.

Warm Up Rooms

Only athletes competing during that bracket and card-carrying coaches are permitted in warm up room. No other individuals are allowed the warm up rooms; no family, no friends, no non-WAKO coaches. WAKO staff will check the dressing rooms to ensure this policy is enforced.

Athletes, coaches and spectator are not permitted in any other location in the facility.

Ensure that members of your club are only in the warm up area and/or the competition hall and not roaming the facility. Please respect the facility and other renters that rely on this center for their programs.

Important Rules for Light Contact Bouts

All bouts are three rounds of 90 seconds with 30 second breaks between each round

Athletes can wear Shorts and must wear t-shirts

Headgear – Shin/Instep pads – hand wraps – mouth guard – athletic supporter are all mandatory

The light-contact rule will be enforced for both points to the head, body and legs.

The legal scoring areas are the head, body, upper leg only

Leg kicks – clinching – leg catches – throwing – knees are illegal techniques



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